



## The Samworth Church Academy

### “Beyond your Limits”

### Adventure Conference

Thursday 8<sup>th</sup> – Monday 12<sup>th</sup> June 2017

**Age Range: 11-13 year olds**

**Cost per student delegate: £250.00**

**Cost per adult delegate: £75:00**

**Delegation Size: 6 – 10 students**

**Registration of interest by: 2<sup>nd</sup> December 2016**

**Deposits due in: 50% January 15th 2016**

**Final Payment: 50% March 24<sup>th</sup> 2016**

#### Arriving at Samworth

East Midlands is the closest airport to The Samworth Church Academy, alternatives airports that are not too far away include Birmingham international airport and Manchester, and Nottingham is the closet major city with a train station. We will collect you from the airports/trainstations mentioned above.

<https://www.google.co.uk/maps/place/The+Samworth+Church+Academy/@53.1474327,-1.1731717,17z/data=!3m1!4b1!4m5!3m4!1s0x4879bdc770532593:0x6af8098fedbf47b6!8m2!3d53.1474327!4d-1.170983>



**Our Bank details:**

1. Electronic transfer:  
 Account Name: The Samworth Church Academy  
 Branch Address: 26 Clumber Street, Nottingham, NG1 3GA  
 International Bank Account Number: GB75MIDL40351894081099  
 Branch Identifier Code: MIDLGB2108N
2. Alternatively please visit [www.samworthchurchacademy.co.uk](http://www.samworthchurchacademy.co.uk) where there is a link for payment to be made via PayPal.



Draft Program

<b>Thursday 8<sup>th</sup> June</b>	<ul style="list-style-type: none"> <li>• Arrivals</li> <li>• 12- 1 pm Lunch</li> <li>• Tour of the school</li> <li>• Ice Breaker Activities</li> <li>• Collaborative Art Project</li> <li>• Samworth Play and international dinner</li> <li>• Hot chocolate and Marshmallows</li> </ul>
<b>Friday 9<sup>th</sup> June am</b>	<ul style="list-style-type: none"> <li>• Breakfast</li> <li>• AM Visit to Chatsworth House &amp; Gardens (Maze visit)</li> <li>• PM Travel to Cholmondeley Castle for a Bush Craft Camp</li> </ul>

Time spent living in the wild offers a fantastic opportunity for students to interact away from the distractions of everyday school life, taking them out of their comfort zones and encouraging both independence and teamwork. By the end of the conference, the students will have gained a far better understanding of the natural British landscape and they will leave with a new sense of self-sufficiency and confidence.

<b>Friday 9<sup>th</sup> June PM</b>	<b>Saturday 10<sup>th</sup> June</b>
16:00 Arrive	08:00 Breakfast
<p style="text-align: center;"><b>Fire Workshop</b></p> <p>The students will learn about the basic principles of fire and the fire triangle, and be shown some of the ways we can make fire. They will then collect firewood in their tribes and light their fires using flint and steel.</p>	<p style="text-align: center;"><b>Camouflage and Concealment Exercise</b></p> <p>Students will take part in a fun camouflage and concealment exercise, employing team tactics and making the most of their surroundings to camouflage themselves and evade capture.</p>
<p style="text-align: center;"><b>Shelter Workshop</b></p> <p>The students will learn why we need shelter when we are living outside, and the types of shelter people from different societies, nationalities and places have used across the ages. Each tribe will then build their own shelter, using natural materials from around the woodland.</p>	<p style="text-align: center;"><b>Wilderness First Aid Workshop</b></p> <p>The students will learn basic skills to cope with a medical emergency in the wild, including how to construct a simple stretcher from the items you have on you, and how to improvise an effective splint.</p>
19:00 Supper	13:00 Lunch
Night-time games	<b>Wild Food Workshop</b>



	The students will be taught why it is important to find food when we are in a remote setting, and how this has been achieved over the centuries. Our instructors will demonstrate the many different trapping methods, before each tribe designs and builds a small model of a trap.
Hot chocolate & marshmallows around the fire	<p style="text-align: center;"><b>Cutting Tools</b></p> <p>Students will learn about the different types of tools used in the field of Bushcraft, both primitive and modern, and the reasons for their use. They will be taught safe handling techniques, helping them to understand how to manage risk effectively.</p>
Bed in bell tents or shelters	19:00 Supper
	Night-time games
	Hot chocolate & marshmallows around the fire
	Bed in bell tents or shelters
<b>Sunday 11<sup>th</sup> June</b>	Students will learn:
08:00 Breakfast	<ul style="list-style-type: none"> <li>• To conduct themselves safely in an unfamiliar environment</li> <li>• To create a sense of community and team identity</li> <li>• The effect our surroundings have on our feelings and comfort</li> <li>• To participate in group activities and work towards a shared goal</li> <li>• To feel positive about their individual contribution to team efforts</li> <li>• To approach new experiences with confidence and enthusiasm</li> <li>• To enjoy spending time out of doors and involved in different activities</li> <li>• To engage with the natural British landscape</li> <li>• To think both practically and creatively about the world around them</li> <li>• How to ensure that their presence in the woodland leaves minimum impact on the environment</li> </ul>
<b>Bushcraft Tournament</b>	
The tribes will compete in a series of fun but challenging initiative exercises and games which demand team work and communication from the students.	
<b>Leave no trace</b>	
At the end of each course the students will learn how to strike camp effectively, ensuring that all signs of their presence in the woodland are removed.	
13:00 Lunch	
Wide Games	
15:00 Depart and return to Samworth for an Evening Meal and a social event for the students. Presentations.	



<b>Monday 12<sup>th</sup> June</b>	<ul style="list-style-type: none"> <li>• Breakfast</li> <li>• 8:30am – 12:30 Rotation of Archery/Laser Clay Pidgeon Shooting/ and Climbing</li> <li>• Lunch 12:30pm</li> <li>• Departures from 1:00pm</li> </ul>
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## Kit List

All students will need to bring a **sleeping mat** and Warm **sleeping bag** (season 3)

<ul style="list-style-type: none"> <li>• Large rucksack or hold-all</li> <li>• Small daysack to carry the essentials</li> <li>• Tracksuit or hard-wearing trousers</li> <li>• T-shirts</li> <li>• Jumper or fleece</li> <li>• Waterproof jacket and trousers</li> <li>• Socks and underwear</li> <li>• Wash bag including toothbrush, toothpaste, soap and</li> <li>• face wipes</li> <li>• Towels</li> <li>• Medications (labelled with clear instructions on the application/use and dosage required)</li> <li>• Water bottles or hydration system</li> <li>• Alcohol hand gel</li> <li>• Torch (with fresh batteries) - a head torch is idea</li> <li>• 2 pairs footwear e.g. walking boots and old trainers</li> <li>• Insect repellent</li> </ul>	<p>OPTIONAL ITEMS TO PACK (items marked by (R) are recommended but not essential):</p> <ul style="list-style-type: none"> <li>• (R)</li> <li>• Plastic bags for dirty/wet clothing and footwear (R)</li> <li>• Sleeping bag liner</li> <li>• Pillow and pillowcase</li> <li>• Rucksack liner</li> </ul> <p>WEATHER DEPENDENT ITEMS TO CONSIDER:</p> <ul style="list-style-type: none"> <li>• Wellington boots</li> <li>• Warm hat and scarf</li> <li>• Gloves</li> <li>• Thermal layer</li> <li>• Sun cream</li> <li>• Sun hat</li> <li>• Suitable, quick drying clothing that is comfortable to walk in for long distances</li> </ul>
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